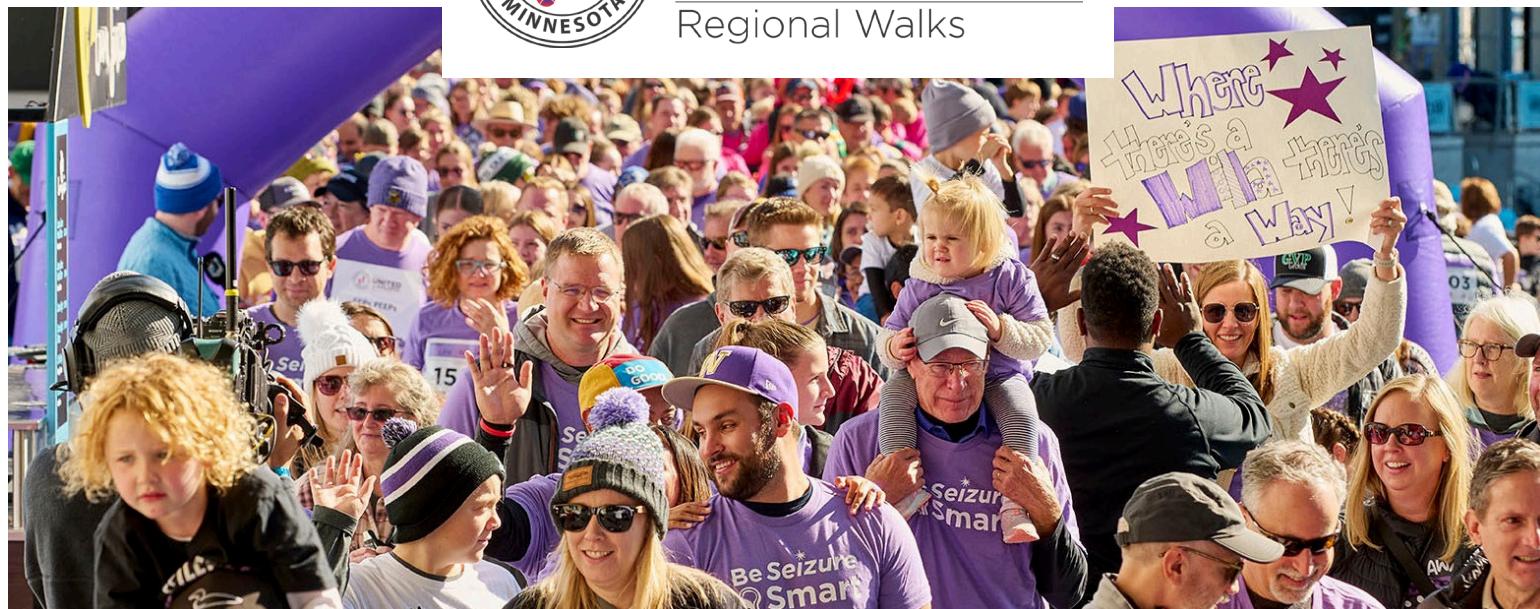




UNITED IN EPILEPSY

Regional Walks



Rochester Cascade Lake Park

Join us for the 2025 United In Epilepsy Regional Walks as we raise awareness of seizures and support for our family, friends, and neighbors impacted by epilepsy. Mark your calendar, get your team together, and invite your family and friends to walk alongside you. Epilepsy is what unites us, and together we walk in solidarity to build communities where no one journeys alone.

Thursday, August 14

Check-in, Pre-Walk
Fun, & Walk
5 pm



JOIN THE WALK TODAY!

efmn.org/walk
#UnitedInEpilepsy

Questions? Contact EFMN at
walk@efmn.org or 651.287.2300

