



2023  
**UNITED  
IN EPILEPSY**  
Regional Walks

## MY NETWORK BRAINSTORM

### FAMILY

Parents \_\_\_\_\_

Grandparents \_\_\_\_\_

Aunts/Uncles \_\_\_\_\_

Cousins \_\_\_\_\_

Nieces/Nephews \_\_\_\_\_

Brother(s) \_\_\_\_\_

Brother-in-Law(s) \_\_\_\_\_

Sister(s) \_\_\_\_\_

Sister-in-Law(s) \_\_\_\_\_

Children \_\_\_\_\_

Other \_\_\_\_\_

### FRIENDS & NEIGHBORS

### CO-WORKERS

### PLACES

Coffee Shop \_\_\_\_\_

Local cafe/restaurant \_\_\_\_\_

Bank \_\_\_\_\_

Child's school \_\_\_\_\_

Nail Salon \_\_\_\_\_

Hair Stylist/ Barber \_\_\_\_\_

Doctor \_\_\_\_\_

Dentist \_\_\_\_\_

Pharmacist \_\_\_\_\_

Grocery store \_\_\_\_\_

Community Center \_\_\_\_\_

Landlord \_\_\_\_\_

Dry Cleaner \_\_\_\_\_

Vet/Pet Groomer \_\_\_\_\_

Machanic \_\_\_\_\_

Place of Worship \_\_\_\_\_

### CLUBS OR GROUPS I'M IN