SEVEN DAY CHALLENGE:
How to raise $500 in seven days!

- **DAY 1:** Register & Sponsor Yourself! ($50)
- **DAY 2:** Ask FIVE Relatives for $20 ($150)
- **DAY 3:** Ask FIVE Co-workers for $10 ($200)
- **DAY 4:** Ask FIVE Friends for $20 ($300)
- **DAY 5:** Ask a local club or business for $100 sponsorship ($400)
- **DAY 6:** Ask your company for $100 sponsorship ($500)
- **DAY 7:** CELEBRATE YOUR SUCCESS! ($500)

Check each box when complete!