

# ADVOCACY NEXT STEPS

## Thank Your Legislators and Raise Awareness

You've met with your legislators and hopefully had a positive meeting where you shared your story and asked for their support on Seizure Smart Schools Legislation. Now, it's important to follow-up and thank them for their time, while reminding them of what you expect from them. Suggested ways to follow-up with legislators include:

### 1. Social Media - Twitter and Facebook

Search for the legislators you met with by name on Twitter and Facebook. Send a tweet or create a post, making sure to tag them (use the @ symbol), with a thank you message. If you took a screenshot of your meeting, this is a great time to share it. Some example post language includes:

*Thank you @theirhandle for meeting with me to talk about [insert policy name you talked about] and for your commitment to supporting this important legislation. #MNleg*

**OR**

*Thank you @theirhandle for meeting with me today. I hope you decide to support Seizure Smart Schools Legislation to ensure schools are a safe place for students with epilepsy. #MNleg*

### 2. Send an eMail or Make a Phone Call

You can find your legislators' contact information [on this website](#). Send them a personal email reminding them about your conversation and thanking them for their time. Or, call their office phone number and leave a message saying how much you appreciate their support. If they didn't give verbal support for Seizure Smart Schools, use this as an opportunity to ask for their support again by sharing why it's important to you.

### 3. Mail a Physical Letter

Looking to stand out even more? After doing the above items, write a short letter or card thanking them once more. The more often they're reminded of you, your story, and Seizure Smart Schools Legislation, the more likely it is they will continue to support and fight for the issues important to you.

