

Talk to Your Doctor

ASAP!



About your Seizure Action Plan

1

A **Seizure Action Plan** is a customized plan made for you with help from your doctor.



2

Your doctor can help you **organize your seizure information** and have it available when and where you need it.



3

The plan can help you know what to do to **prevent an emergency** or tell others what to do in emergency situations.



4

Things can change so **make sure you are updating the plan** with your doctor regularly.



Inspired by **patients**.
Driven by **science**.