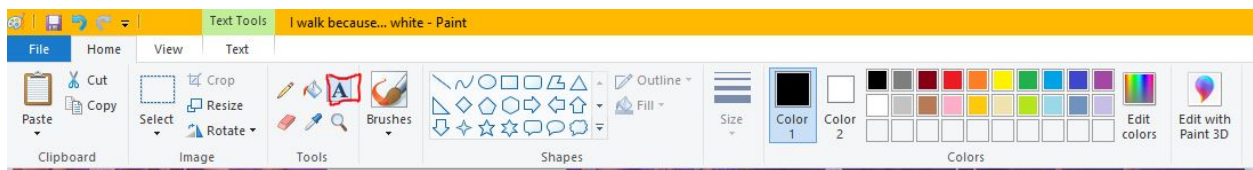


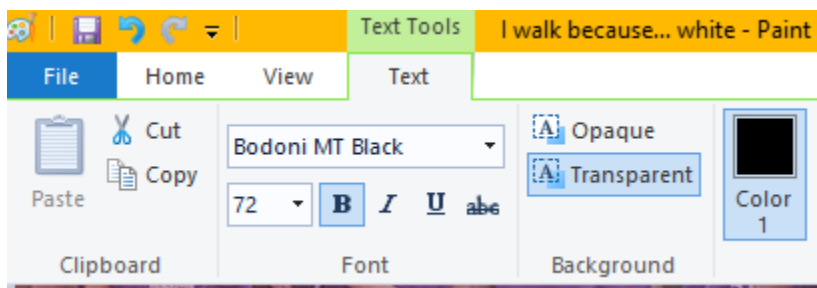
## Instructions for “I Walk” images:

It’s easy to edit the “I walk” images to include why you walk!

You can edit it using any software on your computer. Most computers have the **Paint** program as a default program. If you open the image on Paint, you will click on the “A” icon to add text.



Once you click on the “A” icon, you can click on the image and type your reason to walk. Make sure that your text setting is set to transparent.



Change the colors and font to your liking.

SAVE AS the image in a place you can easily access. Now you can share the image with anyone!