

## BECOME A SHINING STAR

All Shining Stars receive a certificate, medallion, and special gift after registering. Moving forward, your family will receive special invitations to events throughout the year. Best of all, your child will connect with other youth with epilepsy and their families.

To become a Shining Star, complete the attached registration form, or go online to [efmn.org](http://efmn.org). It's that easy!



## SHINING STAR EVENTS

- Twins Game
- Shining Stars & Strikes Bowling
- Statewide Shining Stars Celebration
- Rise Above Seizures Walk
- Summer Camps
- And More!



1600 University Avenue West, Suite 300  
St. Paul, MN 55104

Nonprofit Org.  
U.S. Postage  
**PAID**  
Twin Cities MN  
Permit No. 32600



 **Shining Stars**  
EPILEPSY FOUNDATION OF MINNESOTA





## SHINING STAR PROGRAM

The Epilepsy Foundation of Minnesota (EFMN) knows that all youth with epilepsy are special, in fact, we think they're Shining Stars!

The Shining Stars program recognizes youth with epilepsy, making them feel special and connecting them with others across Minnesota and eastern North Dakota.

There is no cost to become a Shining Star and youth of all ages are welcome to join.

## A TOOL KIT FOR SHINING STARS

All Shining Stars can request a Shining Stars Tool Kit that has ideas and resources for sharing their story and spreading awareness within their community. Opportunities include educating their classroom, spreading awareness through a project or event, hosting a clothing drive to raise funds for EFMN, and more. Sharing personal stories helps others learn more about epilepsy and can even make your child more confident in themself.

## OPPORTUNITIES FOR PARENTS

Epilepsy doesn't just affect the person with seizures, it affects the entire family. This program allows parents to connect with families for support, ideas, and information. EFMN offers parent education opportunities throughout the year, including a quarterly e-newsletter focused on a variety of important topics and resources. Get involved and grow with your child.



## EFMN PROGRAMS & SERVICES

EFMN offers programs that **connect**, **educate**, and **empower** individuals and families affected by epilepsy. We serve Minnesota and eastern North Dakota with staff located in Duluth, Fargo/Moorhead, Rochester, St. Cloud, and the Twin Cities.

Visit [efmn.org](http://efmn.org) or call 800.779.0777 for more information.



Child's Name: \_\_\_\_\_

Birth Date (MM/DD/YY): \_\_\_\_\_ Male/Female

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Tell us four things that make you wonderful (e.g. talents, hobbies, or things you enjoy).

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. I have epilepsy.

Mail this registration, a current photo, and a page that tells us more about your experience with epilepsy OR go online and complete at [efmn.org](http://efmn.org).

You can post my photo on EFMN website.

### Mail to:

Epilepsy Foundation of Minnesota  
1600 University Ave W. #300  
St. Paul, MN 55104