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TWIN CITIES STROLL FOR EPILEPSY RAISES DOLLARS AND AWARENESS
The Epilepsy Foundation of Minnesota hosts walk to benefit people affected by seizures

St. Paul, MN – July 8, 2011 – The Epilepsy Foundation of Minnesota (EFM) hosts its annual Stroll for Epilepsy in five Midwest locations - St. Paul, Duluth, Rochester, St. Cloud and Fargo - on August 11, 2011. It's the largest fundraising/awareness event in Minnesota and North Dakota to benefit people with seizures.

Stroll participants form teams and gather donations in an effort to raise \$275,000 (dollars raised in each community stay in that community). Proceeds help fund programs and services designed to educate, connect and empower people impacted by epilepsy: Camp Oz, where kids with seizures can have a safe camping experience, a creative arts program showcasing the talents of artists with epilepsy, free seizure education and more.

The Twin Cities Stroll starts at 6:30 p.m. in Como Park. Participants can snap photos with the University of Minnesota's "Goldy" Gopher, enjoy live music and meet other teams strolling for loved ones with epilepsy.

"This is one of our largest fundraising events of the year, and people really enjoy the team spirit and camaraderie of being around others who live with seizures and face similar challenges created by epilepsy," said EFM's Executive Director Vicki Kopplin.

Participants or donors wishing to support a Stroll team can call 1.800.779.0777 or visit www.efmn.org.

About the Epilepsy Foundation of Minnesota

The Epilepsy Foundation of Minnesota (EFM) leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy. One in 10 adults will have a seizure in their lifetime, and 60,000 Minnesotans have epilepsy (a neurological disorder of the brain). EFM programs and services cover all of Minnesota and Eastern North Dakota. For more information, visit www.efmn.org.

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ADDITIONAL RESOURCES:

- **Interview:** Bill and Bobbi Walsh of Coon Rapids, who stroll for their 16 year-old son, Ryan, who has epilepsy.
- **Interview:** Vicki Kopplin, executive director, The Epilepsy Foundation of Minnesota: vkopplin@efmn.org.
- **Images available:** Stroll participants from 2010 event, family photos, others upon request.