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## ***FOR IMMEDIATE RELEASE***

### **The Epilepsy Foundation of Minnesota Announces 2011 Midwest Seizure Smart Fall Conference** *Experts gather to discuss research, treatments and current thinking around seizure disorders*

St. Paul, MN – September 16, 2011 – The Epilepsy Foundation of Minnesota is bringing together experts in the field of epilepsy, also known as a seizure disorder, for its annual Midwest Seizure Smart Fall conference on Saturday, October 15, 2011 from 9:00 a.m. – 3:00 p.m. at the Sofitel in Bloomington.

The conference is designed to educate, connect and empower people affected by seizures and features speakers/medical professionals from Minnesota's major epilepsy centers: Gillette Specialty Healthcare, Mayo Clinic, Minnesota Epilepsy Group, MINCEP Epilepsy Care, the University of Minnesota and more.

Keynote speaker Nancy Foldvary-Schafer will focus on epilepsy and sleep disorders. There are educational sessions for parents, adults and teens who have a connection to epilepsy. Participants will have opportunities to ask questions of experts on epilepsy and connect with others affected by seizures.

Topics include: Epilepsy and sleep disorders, participation in sports, epilepsy and aging, medicine interactions, memory and more. For a complete conference schedule, visit [www.efmn.org](http://www.efmn.org).

Five Continuing Education Units (CEUs) are offered at no additional charge to teachers, social workers, nurses, pharmacists and nursing home administrators.

Registration is \$40 and includes a continental breakfast, lunch and educational materials. Financial assistance is available to those who qualify. Register online at [www.efmn.org](http://www.efmn.org) or by calling toll-free 1.800.779.0777, ext. 2310.

Conference sponsors: Gillette Children's Specialty Healthcare and Mayo Clinic.

#### **About the Epilepsy Foundation of Minnesota**

The Epilepsy Foundation of Minnesota (EFM) leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy. One in 10 adults will have a seizure in their lifetime, and 60,000 Minnesotans have epilepsy (a neurological disorder of the brain). EFM programs and services cover all of Minnesota and Eastern North Dakota. For more information, visit [www.efmn.org](http://www.efmn.org).

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- Interview: Vicki Kopplin, executive director of EFM. 651.237.2314 or [vkopplin@efmn.org](mailto:vkopplin@efmn.org).
- One in 10 Americans will have a seizure their lifetime and 60,000 Minnesotans have epilepsy.
- November is National Epilepsy Awareness Month.