

# MINNESOTA Epilepsy

WWW.EFMN.ORG



**3** Camp Oz  
June 19-24, 2011



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Connecting People  
Living with Seizures



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Donation Center  
in St. Cloud



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Seizure Smart  
Summer Conference:  
July 21, 2011

A QUARTERLY PUBLICATION OF THE EPILEPSY FOUNDATION OF MINNESOTA

SPRING 2011



## Stroll for Epilepsy

*A walk to benefit people affected by seizures*

## Stroll WITH US!

### 2011 STROLL FOR EPILEPSY

Our annual Stroll for Epilepsy is the largest fundraising/awareness event in Minnesota & North Dakota to benefit people with seizures. We need your help! Create your team now; registration is easy:

1. Create a Stroll team of any size (you can be a team of two or a team of 50+) at [www.efmn.org](http://www.efmn.org).
2. Register as a team captain and set your team's fundraising goal.
3. Create your fundraising page online and take advantage of EFM's toolkit, including donation tracking, thank you emails and more.
4. Spread the word to friends and family about why the Stroll is important to you.
5. Stroll with us on August 11, 2011.

 **EPILEPSY  
FOUNDATION<sup>®</sup>**  
MINNESOTA  
*Not another moment lost to seizures™*

***“Through our programs and services, we’re leading the fight to overcome the challenges created by epilepsy.”***

**- Vicki Kopplin**



Welcome springtime! We started 2011 with gusto: nearly 80 people gathered at the Capitol in February for our annual Advocacy Day, the grand opening of our new drive-thru donation center in St. Cloud drew hundreds, and it’s always a delight to see so many people at our annual “Light Up the Night” Gala.

Looking ahead, we’ve got teams registering for the Stroll for Epilepsy, a July conference featuring national expert speakers, and kids packing their bags for Camp Oz! Through our programs and services, we’re leading the fight to overcome the challenges created by epilepsy.

I’d like to personally invite you to get involved: form a Stroll team, attend an upcoming event or submit an original work to our Creative Arts Program. We are committed to providing numerous ways for people with epilepsy to connect with others, ask questions, and get information to help in your journey. We are YOUR resource and we invite you to call on us at any time.

I encourage you to visit our website for the latest epilepsy news and information about our events. I’m always glad to hear from you, and can be reached at [vkopplin@efmn.org](mailto:vkopplin@efmn.org) or 651.287.2314.

A handwritten signature in black ink that reads "Vicki Kopplin". The signature is fluid and cursive.

Vicki Kopplin, Executive Director

### **THE EPILEPSY FOUNDATION OF MINNESOTA**

is a nonprofit organization and one of fifty-five affiliates of the National Epilepsy Foundation. Serving Minnesota and Eastern North Dakota, the Foundation works to educate, connect and empower people affected by seizures.

1600 University Avenue West | Suite 300 | St. Paul, MN 55104  
[www.efmn.org](http://www.efmn.org) | 800.779.0777

### **MISSION**

The Epilepsy Foundation of Minnesota leads the fight to stop seizures, find a cure and overcome the challenges of living with epilepsy.

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# Camp Oz: June 19-24, 2011

Registration is nearly full – register today!



for kids and teens with epilepsy

## OPEN HOUSE

Sunday, June 5

11:00 a.m. – 2:00 p.m.

YMCA Camp St. Croix

Camp tours begin on the hour at  
12 p.m. and 1 p.m.

- Tour camp and meet the staff
- Enjoy an all-camp BBQ
- Meet other kids and families with epilepsy

RSVP by May 27 by calling  
651.287.2310.

Welcome to Camp Oz 2011, our 29th year of providing a safe, educational and fun camping experience for youth with epilepsy. Located on a beautiful 400-acre site near Hudson, WI, YMCA's Camp St. Croix is an American Camping Association accredited camp.

Camp Oz, for boys and girls ages 9-17 with seizure disorders, combines the traditional camp experience with the security of a specially-trained medical/behavioral staff. Registered nurses are on-site 24 hours/day, as well as physicians, psychologists, a neurologist and pharmacists. Plus, siblings and friends who do not have epilepsy are welcome to attend Camp Oz.

### COST AND PAYMENT

The actual cost of Camp Oz is \$1,140 per camper. Because EFM wants camp to be affordable, we charge a minimal \$200 fee and fundraise to cover actual costs. If you'd like to donate to cover a camper's costs, contact Terry Velasquez at 651.287.2319.

**IMPORTANT: Camp Oz requires children to function independently within a structured group setting; campers must be able to do the following:**

- understand and follow directions
- stay involved in camp activities (up to 2 hours)
- interact in a respectful way with other campers and staff
- move from different camp areas and activities, with limited supervision
- participate in mostly outdoor activities, within a hilly/wooded setting
- be capable of performing activities of daily living (e.g. showering, eating, etc.)

# EFM in Action

*Be the next Winning Kid!*



*Be the next  
Winning Kid!*

We're looking for our next Winning Kid for the 2011-2012 term...and it could be you! Our Winning Kid program not only empowers youth, it also creates opportunities for leadership in the epilepsy community and helps spread awareness about seizures.

EFM's Winning Kid represents youth at events, gets involved with their school and community and works to raise seizure awareness.

Winning Kids must be ages 10-16 and able to share their story publicly. Application deadline is April 4, 2011.

Here are some events featuring our Winning Kid:

- Annual Shining Star Event
- Camp Oz
- Annual Twins Event
- Stroll for Epilepsy
- Annual Light up the Night Gala
- EFM nominates our Winning Kid to attend the national "Kids Speak Up!" program in Washington, D.C. to meet with their representatives and advocate for epilepsy on Capitol Hill.

**Applications are available now at  
[www.efmn.org/shining\\_stars](http://www.efmn.org/shining_stars).**

# EFM in Action

Community Events and Education

## EFM Events: Connecting people living with seizures

Nearly 80 advocates joined our epilepsy awareness Day at the Capitol on February 24! Participants started the day with a rally featuring Executive Director Vicki Kopplin, Board Chair Kevin Goodno and Health & Human Services Chair Jim Abeler. Individual meetings with senators and representatives followed to help spread the word about seizures and access to healthcare. Thanks, advocates!



Photo credit: Tony Nelson

EFM Volunteer Steve Ireland & Representative Bobby Joe Champion

## EFM Teens

We kicked off 2011 with two events geared toward teens with epilepsy, connecting them with their peers. Our Teen Bowl event drew 25 participants and seven Youth Advisory Council members attended an overnight retreat to work on leadership and team-building skills.



# Epilepsy in the News

## EPILEPSY FOUNDATION ANNOUNCES NEW CEO

The Epilepsy Foundation announced in February that Richard P. Denness is the new President and Chief Executive Officer (CEO). Mr. Denness has served people affected by epilepsy for nearly a decade, as Vice President and General Manager of UCB Inc.'s Central Nervous System division. Prior to his appointment as President and CEO, Denness served as a member of the Epilepsy Foundation Board of Directors. As CEO, he will oversee operations of the Foundation, headquartered in the Washington D.C. metropolitan area, with 50 local chapters around the country.

## NEWS FROM THE 2010 AMERICAN EPILEPSY SOCIETY MEETING

The 64th annual meeting of the American Epilepsy Society (AES), held in San Antonio at the close of 2010, brought together top epilepsy doctors, researchers and scientists from around the world.

A new survey of people with epilepsy, conducted jointly by the Epilepsy Foundation and AES, revealed some interesting points:

- **Only 5% of patients with refractory seizures receive care from an epileptologist or epilepsy clinic; 42% are cared for by non-neurologists.** Among patients rating their seizures as poorly controlled, almost as many were cared for by a primary care provider as by a neurologist.
- **Many patients are willing to try new ways of controlling seizures if given the opportunity.** 68% of patients who have taken five or more medications in the past are interested in trying new ones. 33% would consider surgery or other treatment.
- **The social impact on daily life is substantial.** More than half of all patients report hardship because of inability to drive; 45% have had to pass responsibilities on to other family members because of the condition. A similar number say they don't have the same freedom of action that other people do.

Read the full survey and more notes from the conference at [www.epilepsyfoundation.org](http://www.epilepsyfoundation.org).

## NEW STUDY SUGGESTS CHOPIN HAD EPILEPSY



A new study published in the journal "Medical Humanities" shines a light on a potentially overlooked diagnosis of Chopin's hallucinations: temporal lobe epilepsy. There have been many theories about specific diagnoses of what he suffered from and, since the results of his autopsy were lost, there is only speculation.

Chopin died in 1849 at 39, long before a substantial amount of information about epilepsy was published. The authors of the study hope a better understanding of what condition Chopin suffered from will "shed new light in order to better understand the man and his life."

Chair-elect of the Epilepsy Foundation's Professional Advisory Board, Joseph Sirven, M.D., said, "The story of Chopin and his potential epilepsy is fascinating. It once again demonstrates that individuals both great and ordinary can be afflicted with the condition...epilepsy does not have to hinder one's goals or accomplishments."

## SEIZURE MANAGEMENT VIA MOBILE APPS



Seizure management just got easier, with the introduction of "My Epilepsy Diary" and "Seizure Tracker," mobile apps and online diaries designed to track seizures, manage medications

and even send reminder text messages to take medications. Visit <http://www.epilepsy.com/seizurediary> for details.

# New St. Cloud Used Clothing Donation Center Opens

EFM just expanded to a new, used clothing donation center in St. Cloud, celebrating with a public open house March 19-20 (complete with free lunch and activities for kids). Hundreds of people attended and learned more about EFM.

The St. Cloud drive-thru location will be open seven days a week, with attendants available to help unload used clothing and home items from donor vehicles. It's convenient and 100% of the proceeds support EFM's programs and services to help people overcome the challenges of epilepsy.

"We are delighted to open a new, convenient location in St. Cloud for donors to drop items, just in time for spring cleaning! The generosity of St. Cloud [and surrounding] residents has played a significant role in helping EFM continue its work helping people who live with seizures," said Director of Operations Thomas Rue.



The St. Cloud facility also features an outreach program, headed by Lori Braegelmann, that works with St. Cloud schools, medical facilities and provides resources for adults, children and families affected by epilepsy.

If you'd like to stop by for a tour, we're located at 2229 Roosevelt Road and open 9 a.m. – 6 p.m. Monday-Saturday and 11 a.m. – 6 p.m. on Sunday. Donations are ALWAYS welcome!

## Shining Stars

A PROGRAM OF THE  
EPILEPSY FOUNDATION OF MINNESOTA  
CELEBRATING CHILDREN WITH SEIZURES

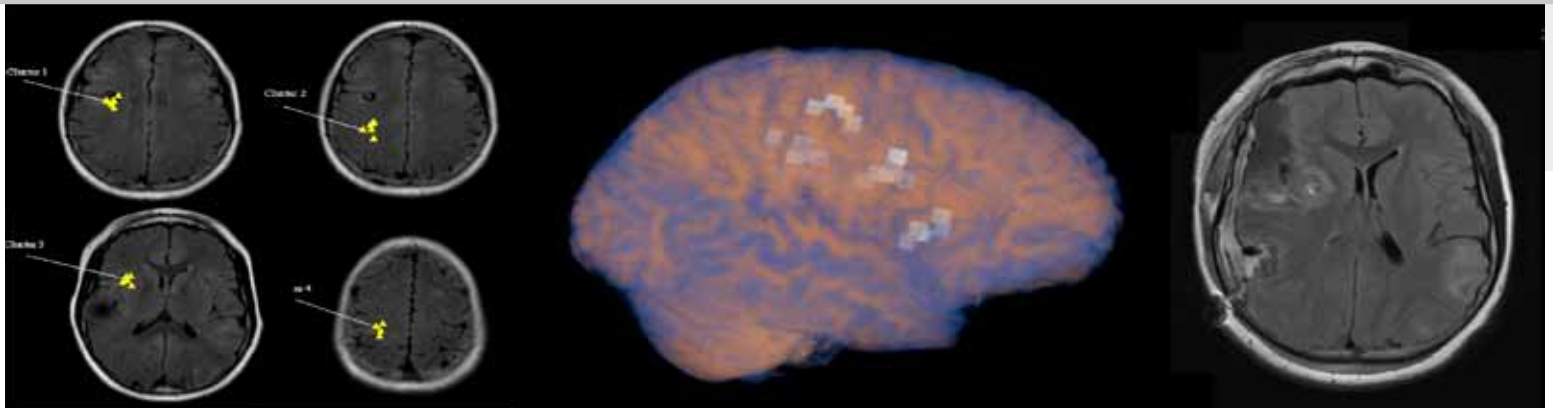
All kids are special, but we think kids with epilepsy are shining stars! At the Epilepsy Foundation of Minnesota, we celebrate kids with epilepsy by making them Shining Stars. The program is FREE and open to kids of all ages with epilepsy.



Please call us for a brochure at  
**651.287.2310** or  
register online at **[www.efmn.org](http://www.efmn.org)**

# Pictures of the Brain

By Professional Advisory Board Member Dr. Patricia Penovich



**Among the first questions anyone who has had a seizure asks is “Why did it happen” and “Is something wrong with my brain?” These are the same questions medical providers ask. Neuroimaging, by looking at the anatomy or structure of the brain, may provide an answer.**

Skull X-rays are useful but only image bone or abnormal calcium deposits, not the brain itself.


Pneumoencephalography (a painful and not very informative test, made obsolete by CT) used air injected through the spinal canal to outline the brain and ventricles.

True anatomic imaging of the brain first became possible with the CT scan (computerized tomography) and later with MRI (magnetic resonance imaging). CTs became available in the 1970s and could distinguish tissues within the brain itself, as well as bone, muscle, air, etc. Later improvements increased its resolution. Where CT uses X-rays MRI, which became available in the 1980s, uses radio waves emitted by hydrogen atoms when they are exposed to brief magnetic pulses. The hydrogen in different brain tissues emits slightly different signals, which MRI can distinguish and display in pictorial form. Different types of images can be obtained

depending on how the magnetic energy pulses are delivered. Each picture tells something different about normal and abnormal brain tissue.

MRI provides higher resolution than CT, and its images best distinguish various tissue types. It identifies tumors, vascular and other malformations, scarring, tissue loss and many other structural problems. It avoids risks associated with X-rays. It is the best way to assess brain structure in epilepsy. The majority of people with seizures, however, have a normal MRI. This can be reassuring, but may suggest the problem lies at the level of individual cells or their interconnections--a level not accessible to currently available MRI.

To provide the best information an MRI done for epilepsy should use a protocol specific for epilepsy. A radiologist trained in neuroradiology also improves detection. Most scans are done with 1.5 T and 3.0 T magnets (T=tesla, the strength of the magnet). Greater magnet strength improves resolution, just as more pixels in your camera make a better picture.



*“Is there something wrong with my brain?”  
Neuro Imaging may provide an answer.*

To have a standard MRI, patients must lie quietly in a rather narrow tube-like space. Some claustrophobic persons may require an “open MRI”, which however gives an image of lower resolution. Implanted devices such as pacemakers and implanted metal, if it is not “MRI compatible,” may make MRI unsafe. People who have vagus nerve stimulators may only use machines with a “head coil” and a maximum 1.15 T magnet, to prevent overheating the wires.

Imaging is done early in the evaluation for a patient who has had a seizure, particularly if the physical examination or the seizure type suggests that there is focal brain dysfunction. There is usually no need to repeat the scan unless new symptoms occur or there is a change in the physical examination or in the seizure themselves. Patients **do not need a scan** every time they have a repeated seizure or are taken to the emergency room.

Epilepsy surgery may be considered when seizures cannot be controlled by medication, or are caused by tumors and other anatomic abnormalities. Other specialized imaging studies which also provide measure of brain function may be performed during evaluation for surgery.

1. MEG/MSI (magnetoencephalography/magnetic source imaging). This study can localize epileptic discharges that the EEG may not, and precisely locates areas that are critical for language, movement and sensation. These

cortical areas are then superimposed on 3-dimensional MRI scans.

2. f-MRI (“functional” MRI) uses MRI techniques to map critical language and sensory/motor cortex.
3. PET (positron emission tomography) uses radioisotopes to find brain areas which have less glucose metabolism and generate epileptic discharges. Another type of PET labels brain cells with specific receptors found in some diseases, for example tuberous sclerosis.
4. SPECT scans are obtained by injecting a small amount of radioactive labeled glucose into a vein immediately at seizure onset and scanning the brain later to find where the actively discharging brains cells responsible for the seizure are. Sometimes the study is repeated when there is no seizure, and the two studies are subtracted. Results are superimposed on 3-D MRI in order to find the focal area of abnormal brain activity (SISCOM study).

We are fortunate to have many different tools available now to look at the brain’s structure and function. Technology and research continue to improve our ability to understand epilepsy. Perhaps one day soon many people will no longer have to hear the neurologist say “I don’t know why you have epileptic seizures.”

# Midwest Seizure Smart Conference

July 21 in Duluth

You're invited to our Midwest Seizure Smart Conference in Duluth!

**Thursday, July 21**

**9:00 a.m. - 3:00 p.m.**

**Duluth Entertainment Convention Center (DECC)  
350 Harbor Drive Duluth, MN**

Registration is \$30 (includes breakfast, lunch and parking); scholarships are available

**Featured speakers:** Dr. Kimford Meador, Director of the Emory Epilepsy Center and Professor of Neurology at Emory University in Atlanta, Georgia; Dr. Richard Kanoff, neurologist at St. Mary's Medical Center; Douglas Heck, PHD in Clinical Psychology; Dr. John Garcia, board-certified sleep specialist at Gillette Children's Specialty Healthcare. Don't miss this opportunity to hear from world-renowned experts in the field of epilepsy!

Register online at [www.efmn.org](http://www.efmn.org) or call 800.779.0777.



## Connect With Us!

Sign up to receive the latest news and information from the Epilepsy Foundation of Minnesota. Visit [www.efmn.org](http://www.efmn.org) today to connect with us via email.



## Spring Cleaning? Donate Your Used Clothing to EFM!

It's easy and 100% of the proceeds from your donation fund our programs and services. Schedule your tax-deductible donation today by calling 800.779.0777 or schedule live, online RIGHT NOW at [www.efmn.org](http://www.efmn.org).

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Special thanks to:  
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# The Faces of EFM

**Top left:** Molly, advocate and volunteer. **Top right:** Dennis and Kari, host an annual golf tournament in memory of their son Jake. **Middle right:** Lauri, artist/advocate/volunteer, and husband Phil. **Bottom left:** Janis, Audrey, Sue, founders of EFM's Brainstorms Art Collection. **Bottom right:** Helen, advocate and volunteer.



# Young Adult Group-New



Introducing...our new young adult program! We're connecting adults ages 18-30 with seizures, to help build a network of peers that share similar challenges in living with epilepsy. We hope to provide resources, help this group feel empowered, and build confidence by offering events of interest to this remarkable group of people.

The group will discuss topics like seeking employment, navigating insurance as a young adult, relationships/dating and more. It will be active on social media platforms (Facebook & Twitter) and work with EFM to shape future group activities and events (see page 14). The young adult group is still developing and all ideas are welcome!

If you're interested in being part of this pioneering new group, please contact Stephanie Kolari: [skolari@efmn.org](mailto:skolari@efmn.org) or 800.779.0777. Get involved and tell us what you need from EFM!

**NOTE:** *This program is designed to meet the needs of young adults who may have experiences that greatly differ from other age groups engaged in our programs (e.g. youth and seniors). This group is not intended to exclude anyone.*

# Events Calendar

## Twin Cities Area

### YOUNG ADULT TIMBERWOLVES GAME

**Wednesday, April 6 | 5–9:30 PM**

Target Center  
600 North 1st Avenue, Minneapolis, MN

The Timberwolves take on the Phoenix Suns and you're invited! Adults ages 18-30 get a free ticket and can bring a friend or family member for a \$5 ticket (tickets are limited). Enjoy pre-game appetizers across the street at the Hard Rock Café. RSVP to Stephanie Kolari.

### ADULT PEER SUPPORT GROUP

**Meets the 1st Thursday  
of each month**

**April 7, May 5, June 2**

**6:30-8 PM**

EFM's conference room  
1600 University Ave. West, Suite 300  
St. Paul, MN

April 7: "Alternatives to Medication."  
May 5: "The Complex Brain."  
June 2: "New MN driving law change" with Jane Landwehr, DPS. Meetings may involve guest speakers related to each topic.

### MN TWINS DAY

**Sunday, April 10 | Game at 1:10pm**

Twins Field  
1 Twins Way, Minneapolis, MN 55403

Join us for our annual MN Twins day! We have limited, first-come first-serve, tickets available. People with epilepsy receive a free ticket; youth under age 18 receive an additional free ticket for a parent/guardian. All other tickets are only \$15.00 (limit 5/family). RSVP to 1.800.779-0777. Once registered, you will receive a letter with more details. Let's play ball!

### WOMEN'S DISCUSSION GROUP Meets the 2nd Thursday of each month

**April 14, May 12, June 9 | 6:30-8 PM**

Southdale Library  
7001 York Avenue South, Edina, MN

Join us in the Ethel Berry Room (EIB). April 14: group members sharing personal stories. May 12: "New MN driving law change" with Jane Landwehr, DPS. June 9: "Epilepsy and Cognition." Meetings may involve guest speakers related to each topic.

### YOUNG ADULT EVENT Sunday, May 1 | 1–4 PM

Northwest Family YMCA  
3760 North Lexington Avenue,  
Shoreview, MN 55126

Our newly-formed young adult group will enjoy indoor & outdoor fun, plus a guest speaker from an Epilepsy Specialty Care Center. RSVP to Stephanie Kolari by April 22.

### CREATIVE ARTS PROGRAM: CADENZAS CALL FOR ENTRIES May 15 – August 1

Calling all performance artists! Submit your performance art to YouTube™ or provide it to EFM in DVD format (maximum duration 5 minutes; subject matter consistent with good taste/legal; one entry per person annually).

### PARENT CONNECT Tuesday, May 17 | 7–9 PM

RHR Room, First Floor  
12601 Ridgedale Drive  
Minnetonka, 55305

Connect with other parents of children with epilepsy and hear from a medical doctor on the topic of "accepting the unknowns around epilepsy." RSVP to this free meeting at 800.779.0777.

### CAMP OZ OPEN HOUSE Sunday, June 5

**11 AM – 2 PM, tour sessions begin  
at 12 PM & 1 PM**

Camp St. Croix  
532 County Road F,  
Hudson, WI 54016

Tour Camp Oz! Learn more about the activities included throughout the week of camp, meet with Camp Oz staff and enjoy an all-camp BBQ. Open house is free. RSVP by calling 800.779.0777.



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Lori Braegelmann  
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lbraegelmann@efmn.org  
320.203.9722

## Rochester

### TEEN SOCIAL NETWORK & PIZZA PARTY

**Sunday, April 17 | 4-6 PM**

Godfathers Pizza - Hillcrest  
1611 16th Street NW, Rochester MN

Teens with epilepsy, we need you! Connect with other teens and learn about EFM volunteer opportunities. Bring your family/friends and RSVP to Sue Ringhofer by April 15.

### GOLF TOURNAMENT

**Friday, May 13 | 9 AM-10 PM**

Willow Creek Golf Course  
1700 48th Street SW, Rochester MN

Register your team today! Even non-golfers can enjoy games, music and dinner at 5:00 PM. Contact Sue Ringhofer for information.

### MOVIE MATINEE & PARENT CONNECT

**Saturday, May 21 | 10 AM - 12 PM**

Quarry Ridge Club House  
1823 Quarry Ridge Place NW,  
Rochester MN

It's a Saturday morning movie matinee! While kids enjoy the movie, parents can connect with each other. Bring your favorite snack or pillow to get cozy with your entire family! RSVP to Sue Ringhofer by May 19.

### ROCHESTER FEST GRAND PARADE

**Friday, June 24**  
**Parade begins at 6:15 PM**

Help spread epilepsy awareness in southern Minnesota! EFM will walk in the parade, pass out info about epilepsy and freeze pops too! Contact Sue Ringhofer for information.

## St. Cloud

### PARENT CONNECT

**Tuesday, April 5 | 6:30-8 PM**

EFM St. Cloud Office  
2229 Roosevelt Road, St. Cloud, MN  
Have a child with seizures? Connect with other parents facing similar issues and get connected to resources. RSVP to Lori Braegelmann.

### RIVER BATS BASEBALL GAME & PICNIC: CELEBRATE FLAG DAY

**Picnic at 5:45 PM | Game at 7:05 PM**

Joe Faber Field at Municipal Athletic Complex (MAC)  
5001 Veteran's Drive, St. Cloud, MN

Meet in the Plaza Picnic area and meet River Bats mascot "Earl Batty, Jr." Bring the whole family for a night of baseball and fun. Tickets are \$5 and free to people with epilepsy. RSVP to Lori Braegelmann by June 9.

## Fargo

### PARENT CONNECT

**Meets the 1st Tuesday of each month**

**April 5, May 3, June 7 | 7-9 PM**

Pediatric Therapy Partners  
2846 Brandt Drive South, Fargo, ND

Parents of children living with epilepsy come together for support and resources. Contact Amy Beecher for information.

### WATER FUN DAY

**Saturday, June 11 | 1-3 PM**

University Spray Park, Shelter #1  
320 North 25th Street, Grand Forks, ND

We'll provide summer snacks and games for kids, plus a space for discussions among adults living with epilepsy. RSVP to Amy Beecher by May 27.

## Duluth

### CONNECTIONS SUPPORT GROUP

**Meets the 2nd Thursday each month**

**April 14, May 12, June 9 | 5:30-7 PM**

Essentia  
407 East 3rd Street, Duluth, MN

Meet facilitator Kyah Altieri on the first floor across from the cafeteria. April 14: "I have epilepsy; now what do I do?." May 12: "What treatments are out there for me?" June 9: "What do I have to remember in summertime?" All are welcome!

### WOMEN'S GROUP

**Meets the 4th Wednesday of every other month**  
**Wednesday, May 25 | 6:30-8 PM**  
Duluth St. Luke's Hospital

Facilitator Lesa Raihala leads this support group especially designed for women affected by epilepsy. Take the East elevators to the third floor to reach Conference Room 3E.

### SPRING HAYRIDE & PICNIC

**Saturday, May 14 | 11 AM - 1 PM**

LC's Sleigh and Hayrides  
5672 River Lane, Duluth, MN

Ring in spring with a hayride along the Cloquet River with giant Percheron horses Mike & Maxi. After the hayride, enjoy a picnic around the bonfire with hot dogs and s'mores. RSVP to Mary Giese by May 12.

### PARENT CONNECT

The Parent Connect group will resume this summer. Families are encouraged to attend our hayride event on May 14, where we will assess the future needs of the Parent Connect Group. We're open to your ideas!



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## Midwest Seizure Smart Conference

**Thursday, July 21 | 9:00 a.m. - 3:00 p.m.**  
**Duluth Entertainment Convention Center (DECC)**  
**350 Harbor Drive Duluth, MN**

You're invited to our Midwest Seizure Smart Conference in Duluth!

Registration is \$30 (includes breakfast, lunch and parking); scholarships are available

Register online at [www.efmn.org](http://www.efmn.org) or call 800.779.0777.