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## ***FOR IMMEDIATE RELEASE***

### **Epilepsy Foundation of Minnesota Announces 2010 Midwest Regional Epilepsy Conference** *“Living with Seizures: Today and Tomorrow” features resources for attendees of all ages*

St. Paul, MN – October 13, 2010 - The Epilepsy Foundation of Minnesota is pleased to announce its second annual Epilepsy and Seizures Conference: “Living with Seizures Today and Tomorrow.” It’s a conference for parents, seniors, young adults and health care professionals. The conference is on Saturday, November 13, 2010 from 9:00 a.m. – 3:30 p.m. at the Crowne Plaza St. Paul Riverfront Hotel.

The conference is designed to educate, connect and empower people affected by seizures and features keynote speakers/medical professionals from regional and national epilepsy centers. Participants can connect with experts on epilepsy and with others affected by seizures.

Topics include: Epilepsy and sleep, brand vs. generic medications, the Ketogenic diet, school preparedness, treatment options and more. For a complete conference schedule, visit [www.efmn.org](http://www.efmn.org).

Five Continuing Education Units (CEUs) are offered at no additional charge to teachers, social workers, nurses, pharmacists and nursing home administrators.

Registration is \$25 and can be done online at [www.efmn.org](http://www.efmn.org) or by calling toll-free 1.800.779.0777, ext. 2310. The conference includes a continental breakfast, lunch and education materials. Financial assistance is available to those who qualify.

Conference sponsors: Gillette Children’s Specialty Healthcare, Mayo Clinic and UCB/The Epilepsy Company.

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- November is National Epilepsy Awareness Month.
- One in 10 adults have had, or will have, a seizure of some kind in their life.
- Epilepsy is the third most prevalent neurological condition behind stroke and Alzheimer’s disease.
- The Epilepsy Foundation of Minnesota provides programs and services for people affected by seizures so they can find help for today and hope for tomorrow.